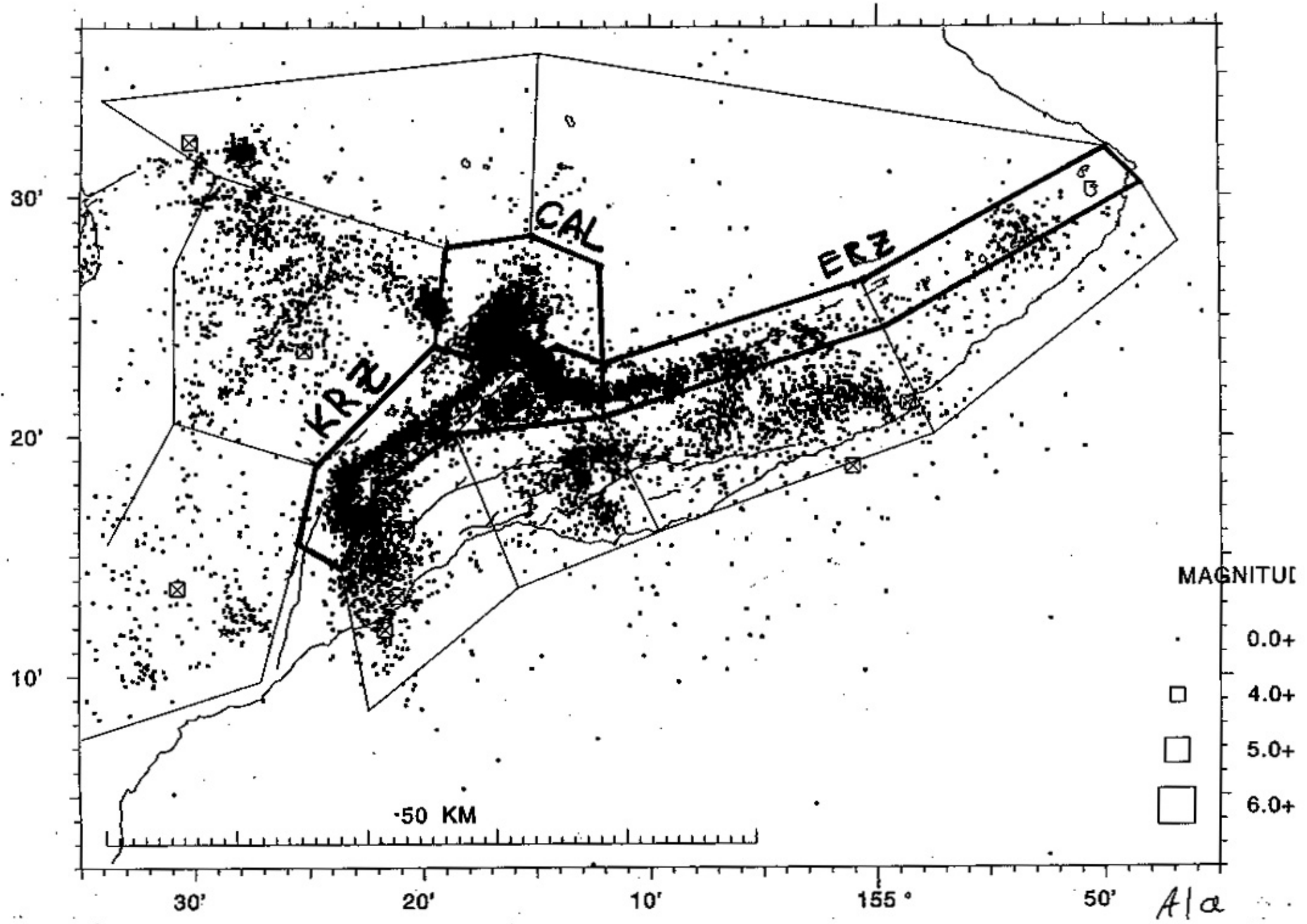HVO catalog Z<5 M>1.5 70–96