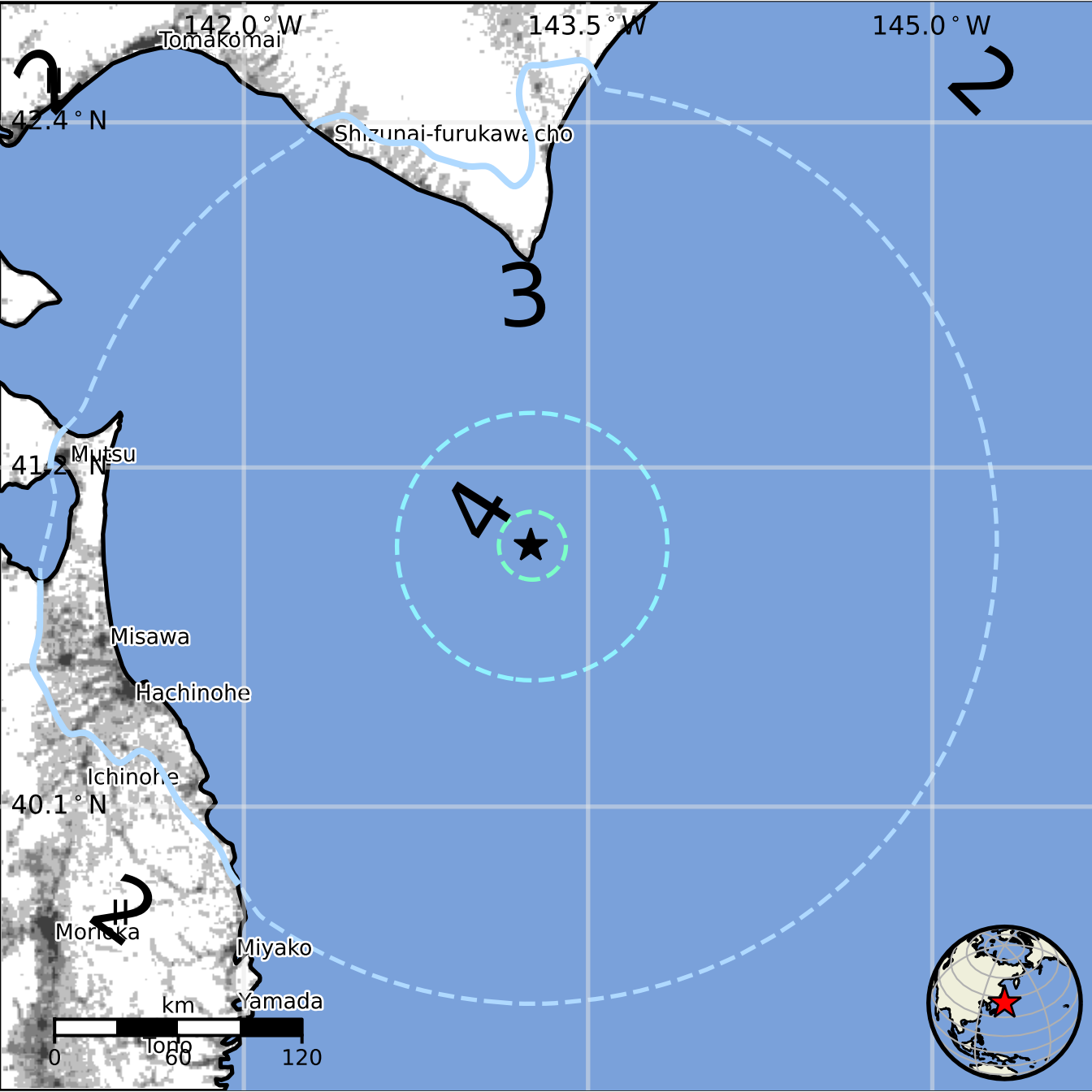
142.0 ° W
143.5 ° W
145.0 ° W
42.4 ° N
41.2 ° N
40.1 ° N
Tomakomai
Shizunai-furukawa cho
Mutsu
Misawa
Hachinohe
Ichinohe
Morioka
Miyako
Yamada
Tono
km
0
60
120
2
3
4