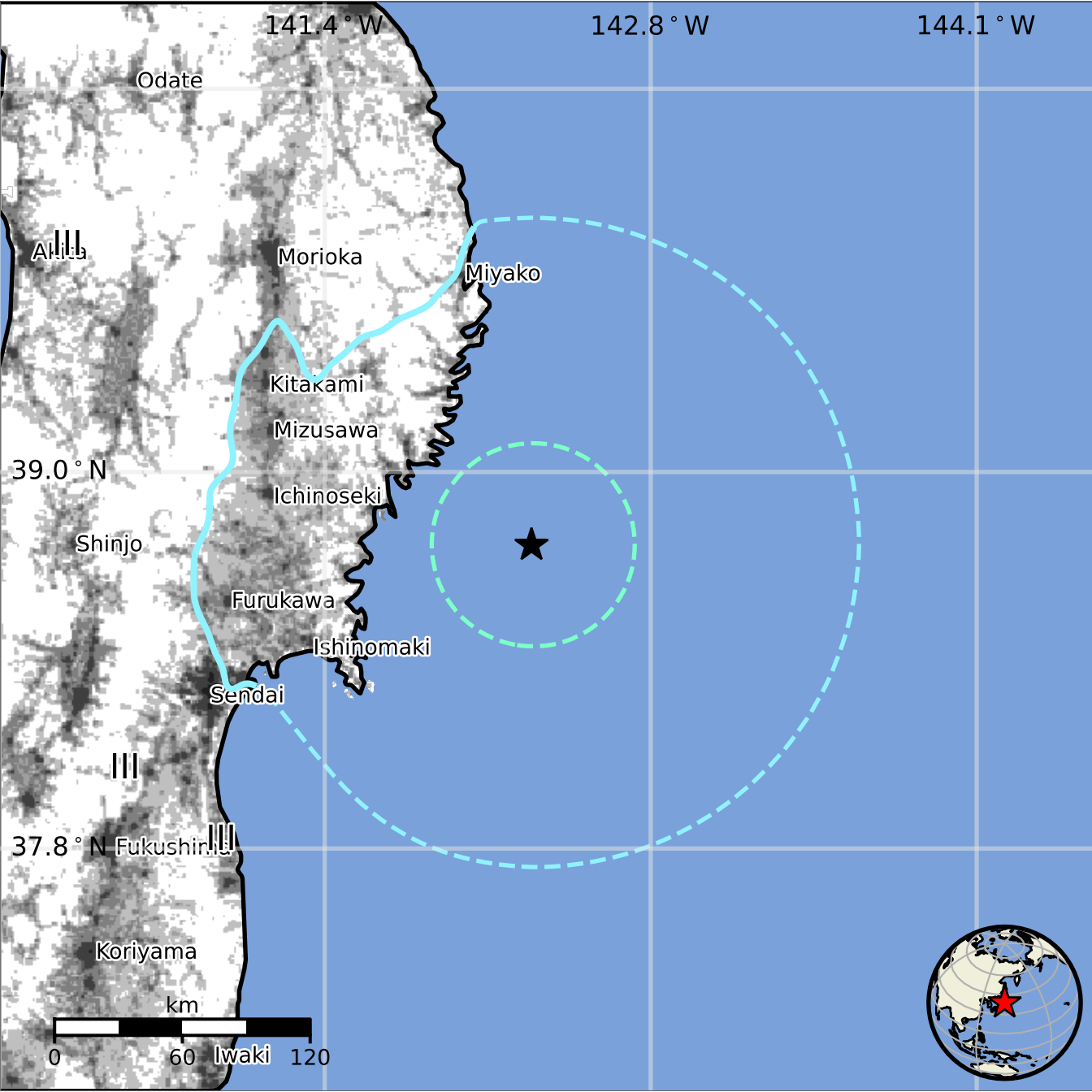
141.4° W
142.8° W
144.1° W
39.0° N
37.8° N
Odate
Morioka
Miyako
Kitakami
Mizusawa
Ichinoseki
Shinjo
Furukawa
Ishinomaki
Sendai
Fukushima
Koriyama
Iwaki
km
0
60
120