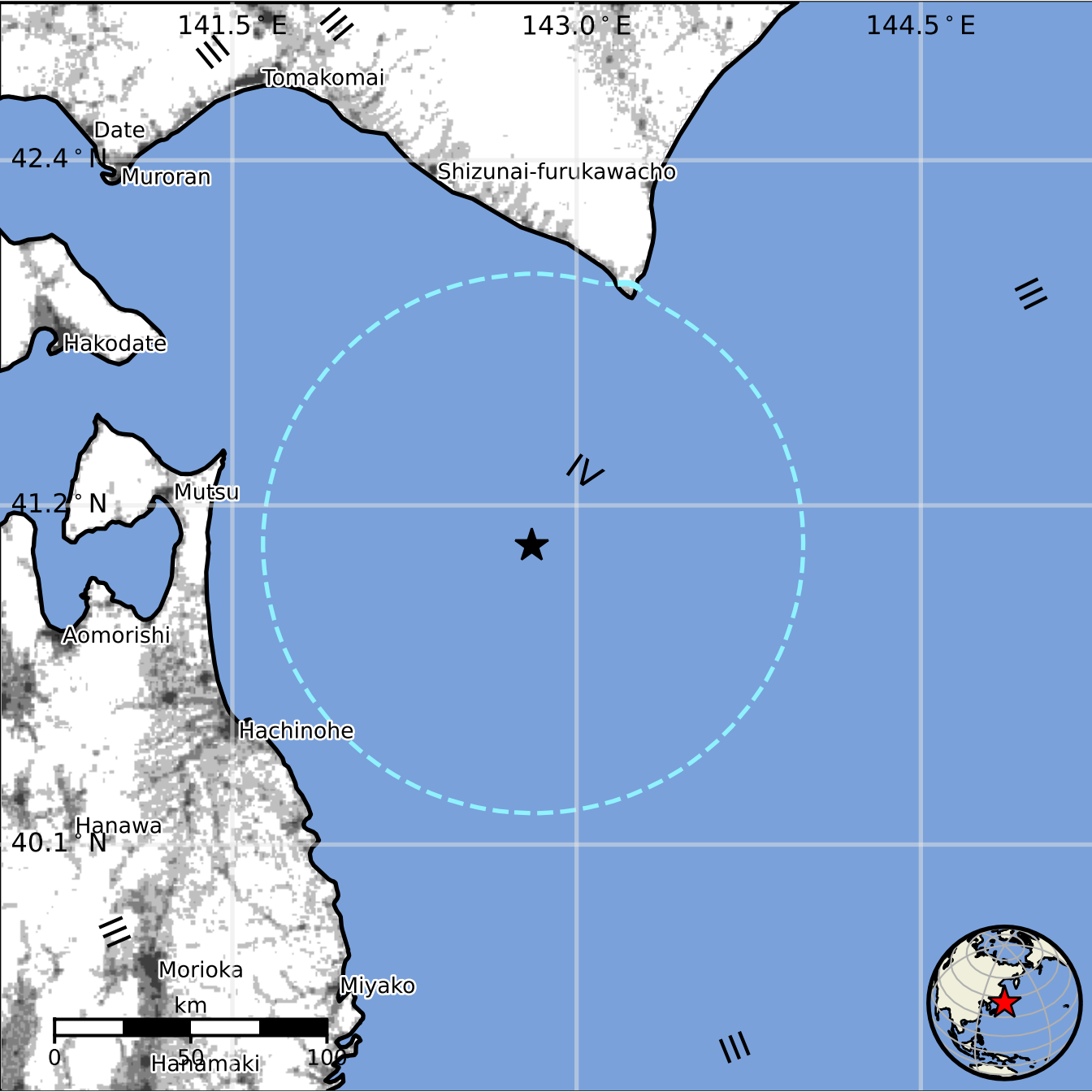
141.5° E
143.0° E
144.5° E
42.4° N
41.2° N
40.1° N
Tomakomai
Date
Muroran
Shizunai-furukawacho
Hakodate
Mutsu
Aomorishi
Hachinohe
Hanawa
Morioka
Miyako
Hanamaki
km
0
50
100