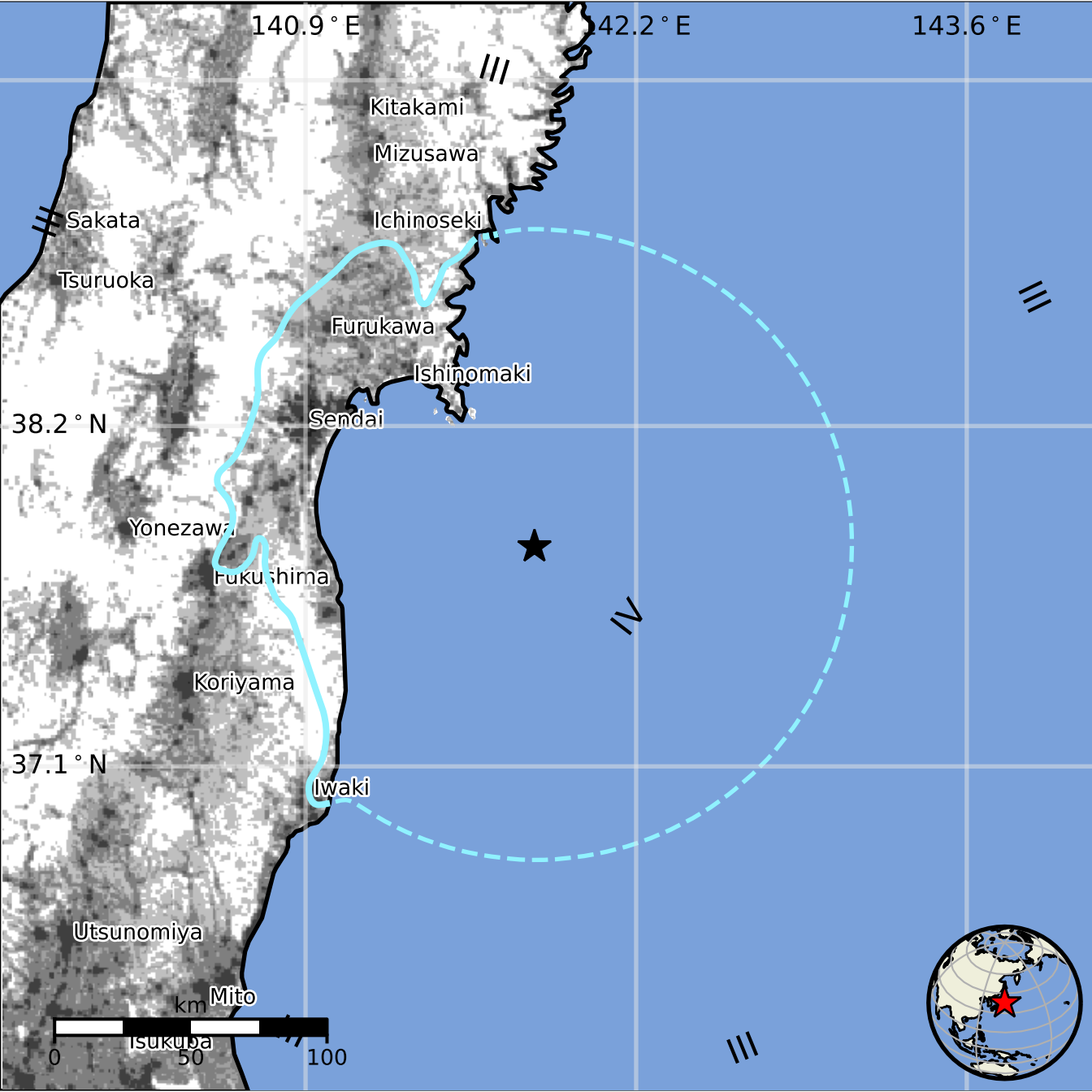
140.9 ° E
142.2 ° E
143.6 ° E
38.2 ° N
37.1 ° N
Kitakami
Mizusawa
Sakata
Ichinoseki
Tsuruoka
Furukawa
Ishinomaki
Sendai
Yonezawa
Fukushima
Koriyama
Iwaki
Utsunomiya
Mito
Tsukuba
km
0
50
100
III
IV